PROFESSIONAL INTERNSHIP ABROAD





WHY DO AN INTERNSHIP ABROAD?

1. Confidence

Living abroad in a different culture can feel like a totally different world. While this can be a difficult process, one of the rewards is that your self-confidence will continually grow through the period of internship, and you will come back a significantly more confident person.

2. Adaptability

As you grow and learn through the challenges of doing an internship abroad, including living in a new environment with different languages and customs, and as you gain experience in the world of work, you will learn *adaptability*, a skill and an attitude that will serve you throughout your life.

3. Cultural Awareness

Working as an intern in the international job market, you will gain world perspectives each day as you relate to your co-workers. Throughout the course of the program you will gradually gain both global and interpersonal awareness, strengthening your skills in collaboration and communication.

4. Language Skills

Living and working in another country is the perfect way to improve your language skills. An internship provides an ideal opportunity for this as you will be required to communicate with people using other languages every day.

5. Work Experience

Doing an internship abroad will help you gain highly desirable professional skills, giving you an edge while competing in the workforce. This will open the door to a broader range of opportunities, and your resume will stand out above the other applicants because of the global scope of your experience.



Countries and Cities

Country	City
Australia	- Sydney - Melbourne
Canada	- Montreal
China	- Beijing - Shenzhen
	- Guangzhou - Shanghai
France	- Paris
Germany	- Berlin - Munich
Japan	- Tokyo - Osaka
New Zealand	- Auckland - Wellington
South Korea	- Seoul
Spain	- Barcelona - Madrid
United Kingdom	- London - Manchester
Vietnam	- Ho Chi Minh

Application Process and Intake Duration

- The internship intake is year-round, meaning that students can apply at any time throughout the year.
- The minimum internship duration is one month, and maximum is four months.
- The application process timeline counts six months backward from departure date.

Steps	June Intake	August Intake	January Intake
Submit application materials	January	March	August
Pay confirmation payment of 15,000 baht	January	March	August
Online interview	January	March	August
Confirmation of placement	February	April	September
Pay program fee balance	April	June	November
Receive housing assignment	April	June	November
Apply for visa	April	June	November
Departure	June	August	January

Eligibility Requirements

- A minimum cumulative GPA of 3.00 or above is required.
- The program requires students to have attained a certain level of university education and to be in specific majors or courses that are related to internship fields.
- Excellent communication and interpersonal skills, a good attitude, and a strong sense of responsibility.
- Those who are eager to learn from experience and are receptive in terms of addressing their own weakness are preferred.



Program Price

Desti	nation	Program Fee Only	_	ee + Accon ravel Insura	
			1 month	2 months	3 months
Australia	Melbourne	65,000	N/A	165,000	196,000
	Sydney	65,000	N/A	165,000	196,000
Canada	Montreal	75,000	N/A	185,000	225,000
China	Beijing	50,000	N/A	N/A	185,000
	Shenzhen	50,000	N/A	N/A	N/A
	Guangzhou	50,000	N/A	N/A	N/A
	Shanghai	50,000	N/A	N/A	225,000
England	Manchester	75,000	N/A	165,000	196,000
	London	75,000	N/A	165,000	196,000
France	Paris	75,000	N/A	165,000	196,000
Germany	Berlin	75,000	N/A	145,000	185,000
	Munich	75,000	N/A	145,000	185,000
Japan	Tokyo	50,000	N/A	185,000	260,000
	Osaka	50,000	185,000	225,000	260,000
Korea	Seoul	50,000	185,000	225,000	260,000
New Zealand	Auckland	65,000	N/A	165,000	196,000
	Wellington	65,000	N/A	165,000	196,000
Spain	Madrid	65,000	N/A	145,000	185,000
	Barcelona	65,000	N/A	N/A	185,000
Vietnam	Ho Chi Minh	N/A	N/A	130,000	N/A

^{*}Program fee includes internship placement, internship assessment and certificate of internship

What's included

- Internship Placement customised to student specific needs
- CV/Resume writing help and templates
- Interview preparation advice
- Internship agreement contract to protect student rights
- Designated Internship coordinator
- Reference/Performance report provided by the host organisation
- A certificate of completion
- Accommodation

^{*}Prices are subject to change depending on the period of stay and availability of accommodation.



Accommodation

Accommodation example in London, England







Room Amenities	Within 5 Minutes Walk
 Linens and bedding Kettle Bathroom Free Wifi On-site laundry facilities 	SupermarketDry cleanersRestaurantsHair salonATMs
- 24/7 reception	- 24/7 Convenience store

Accommodation example in Paris, France







Room Amenities	Within 5 Minutes Walk



- Linens and bedding
- Towels
- Bathroom
- Free Wifi
- On-site paid laundry facilities (detergent not included)
- 24/7 reception

- Supermarket
- Dry cleaners
- Restaurants
- Hair salon
- ATMs
- 24/7 Convenience store

<u>Testimonial Interview</u> (Absolute Internship)

From Intern to Sales & Marketing Assistant - Benjamin Zeffertt





Could you please introduce yourself?

Sure! My name is Benjamin Zeffertt, I'm from London but I'm currently based in beautiful Lisbon, Portugal. I work for Man Win Win as a Sales and Marketing Assistant - a Software as a Service company.

When and where did you take part in your Internship?

I had my internship this past summer in Lisbon, Portugal. I was one of the first students to be able to experience this program and I stayed for almost 2 months.

What were the most valuable things that you learned during your experience?

I had a great professional experience. "I was partly responsible for investing company money into different projects, I had to make sure it was well spent and had a positive outcome, there was a real element of professional responsibility."

Other employees were counting on me to complete important tasks, even though I was an intern. I learned all about the software and the industry, so getting those skills were very valuable. I was also assessing documents for clients and partners that the Portuguese company would use in English, and they relied on me for them to be perfect.

What advice would you give to someone considering pursuing an internship abroad?

I would say expect to feel slightly uncomfortable at first, you need to put yourself out there and make the effort to meet people. You're bound to have the same conversation over and over again, but after that, you'll feel so much better. "Just stay positive. Go out and take part in all the activities and make the most of your time there. Don't be a recluse!"



How did your internship help you achieve your goals?

I had an internship in Marketing to explore the field and now I have a job in Marketing, which is what I wanted. It made me realize that this may be the career I want to pursue. Absolute was the bridge, it was a direct link to my current job!

How did the experience change you?

The 2-month internship gave me tons of confidence to work abroad, and not just in any city, but in a country where I didn't speak Portuguese whatsoever or know nothing about its culture. I managed to learn a bit of the language and get around it. I'm a much more confident guy now.

<u>Testimonial Interview</u> (Absolute Internship)

Take the Chance, You Won't Regret it - Alyshia McCabe





"The chance to work abroad, especially as a student, is something everyone should take advantage of. Take the time to venture to new places, dive into local customs, get hands on experience and have a new adventure." - Alyshia McCabe

It was this idea of adventure that drew me to Professional Internship Abroad Program. I applied on a whim, which has opened to be the adventure I was craving.

Coming from a small university town of only 6,000 people, moving to a city with 1.6 million residents was already an adventure in itself. Add in gorgeous beaches, blue skies, hot temperatures, rich history and delicious food? Sounded like the summer for me.

I now find myself finished the first of a four-week internship. Time really does fly when you're having fun. With already exploring some of the cultures of Barcelona, checking out the Gothic Quarter and of course trying different types of food, I'm quickly learning how fast time passes. In my first week at my international internship, the independent Metal Magazine, I have already conducted interviews and written an article about a Moroccan music festival. I dove in



on my first day, researching proposals for creating online content, and interviewing a designer from Moscow!

Beyond the sights, culture and my internship, a highlight of my first week has been the people. Bringing together students from all over the world provides an added layer of brand new experiences. Dinners all together, city tours and weekend trips aid in bringing everyone closer, and nothing feels more like being at home than being surrounded by good friends.

So take a chance, head aboard for that life-changing experience you've heard so much about! Professional Internship Abroad Program provides that once in a lifetime chance, immersing you in local cultures and connecting you with incredible people.

Go ahead, take a chance; I promise you won't regret it!